



Soul Designs Coaching International

Personal Life Coach

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Links

[Company Website](#)

Social

 Facebook

Industry: Personal Coaching, Personal Development, Business Consultants

Towns: Scotch Creek

Tags: Personal Coaching, Personal Development

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ABOUT

Lerae Gidyk & Soul Designs coaching

Over the last 20 years, while coaching hundreds of clients, I have developed the SOUL DESIGNS COACHING methodology to target and smoothen those trouble spots in your life that have highjacked your energy, in both small and big ways, so that going forward you create a life filled with personal purpose, more ease and greater happiness.

HOURS OF OPERATION

9am-5pm Mon-Fri



ABOUT SHUSWAPCONNECTS

Welcome to Shuswap Connects - the business directory for those who, live, work and play in the Shuswap.

We are honoured to be Living and Working on the Traditional, Ancestral and Unceded Lands of the Secwepemc People.

Join today email info@shuswapdev.ca

HELPFUL LINKS

[Shuswap Economic Development Website](https://shuswapdev.ca/)

<https://shuswapdev.ca/>

[CBC news](https://www.cbc.ca/news/canada/british-columbia)

<https://www.cbc.ca/news/canada/british-columbia>

[South Shuswap Scoop newsletter](https://www.shuswapcoop.ca)

<https://www.shuswapcoop.ca>

[North Shuswap Kicker newsletter](https://www.kicker.ca)

<https://www.kicker.ca>